

TRIGGER FINGER

1. Keep the operated hand elevated.
2. Take the medication.
 - Tylenol extra strong every 4 hours.
 - You can also take Advil extra strong every 6-8 hours.
3. Do not touch or wet the bandage for 48 hours.
4. Take off the bandage after 2 days and replace by a bandaid.
5. After 2 days, you can wash but do not soak the hand.
6. Take an appointment for a follow up after 2 weeks.
7. The stitches are absorbable.
8. Call the appointment center at 450-473-1454 to take your follow-up appointment.